Following is a list of dental service contractors and companies that offer dental insurance coverage in Washington State. The appearance of a company on this list does not constitute an endorsement of an insurance company or its policies by the Washington State Health Care Authority. This list may not represent all companies currently selling dental insurance.

Alta Health and Life Insurance Company One Centennial Avenue Piscataway, NJ 08855 Groups only (2 plus) 1-888-326-8436	Columbia Dental of Washington, Inc. 11241 Slater Ave. NE Kirkland, WA 98033 Groups (10 plus) 1-800-360-1909
Dental Health Services, Inc. 936 N. 34 th St., Ste. 208 Seattle, WA 98103 Groups (2 plus) and individuals 1-800-248-8108	Regence BlueShield (Dental One) 1800 Ninth Ave. Seattle, WA 98111 Individuals 1-888-344-8234 Groups 1-800-653-1125 (5 plus with medical plan, 10 plus without medical plan)
Washington Dental Service P.O. Box 75688 Seattle, WA 98115 Groups only (5 plus) 1-800-342-8355 206-522-1300	

There are also options for dental services on a sliding-fee schedule. You might want to check out the following Web site at www.chs.hca.wa.gov for a community dental clinic near you.

Other options include the following:

DENTAL HYGIENE SCHOOLS

- Clark College in Vancouver, 360-992-2158
- Columbia Basin College, 509-547-0511
- Eastern Washington University in Spokane, 509-368-6510
- Lake Washington Technical College in Kirkland, 425-739-8130
- Pierce College in Ft. Steilacoom, 253-964-6694
- Shoreline in Edmonds, 206-546-4711
- Yakima Valley Community College, 509-574-4920

LOCAL DENTAL SOCIETY (look in your phone book) for:

- Referrals to dental offices taking new patients
- Offices offering payment plans

HOSPITAL EMERGENCY ROOMS FOR PAIN

